

ZERO CAVITY CLUB

A newsletter by Dr.Snehal Hendriques

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zerocavity2010



Zero cavity

Zero Cavity
wishes you all



Happy Independence Day

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The complete DENTAL Care Centre

Pre-operative Instructions

(Information you give the dentist
before starting any treatment)

- **Medical History.**
- **Past Dental History.**
- **Current medications.**
- **Habits(tobacco usage etc)**

Your Medical History Allows Your Dentist To Provide Safe & Effective Dental Treatment. Your oral health is directly linked to your general health, therefore, if it's not maintained properly, you're going to experience dental issues that will negatively affect your teeth and overall health.



Post operative instructions after Scaling/Cleaning

Post a clean up you will experience mild sensitivity or roughness

- It is normal and usually subsides in a couple of days.
- Avoid too hot or too cold food and drinks for a few days.
- Use a desensitizing toothpaste if needed.(Should be prescribed by a dentist)



Post operative instructions after a Dental filling

- Based on type of filling done, you may be asked to avoid eating or drinking **1 hour** post procedure (duration may vary if local anaesthetic was administered)
- A slight sensitivity post the filling is normal and will subside , usually takes 24 hrs (if sensitivity or pain persists inform your dentist)



Post operative instructions after a Root Canal Treatment

- Avoid solids or liquids 1 hour post procedure.
- If local anaesthesia was administered avoid eating until numbness completely wears off.
- Avoid eating on the side that the root canal was done till you get a permanent restoration.
- The root canal treated tooth is re-inforced by a crown in most cases so complete the treatment with the necessary permanent restoration.



Confident Smiles

Old crowns with open margins that was compromising prognosis of both teeth.

Patient was advised to replace crowns, metal free zirconia crowns were given.

Note the marginal seal along with aesthetic look (natural looking)



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*They say it..
We love it..*

Thank you very much to Dr Dhruti, Dr Snehal and your dedicated team for your exceptional dental care.

Your professionalism and dedication to your work truly shine through in every appointment.

We are grateful for your expertise and the great work you did for Mr Parmesh and me.

You found time to accommodate us in between our travels during our stay in India, inspite of having so many implants and root canals for me.

We hope to be back soon next winter from Canada to complete our Dental work.

Thank you again.

***Much regards
Geeta and Parmeshwar***